



This year Hyvärilä youth centre continued its international cooperation with old partners and expanded the list of countries and topics for international exchanges.

Alongside with hosting project activities mentioned below, we managed to send international youth groups abroad, and youth workers to international partnership building activities, trainings and skill-building activities, and continued sending Finnish youngsters abroad for international volunteering projects.

Stay updated about international opportunities on Facebook page: KV-klubi Itä-Suomi, and on Instagram @hyvarilainternational



01

#100youthdreams

02

Horizontti



In February young people from Poland, Hungary, Italy and Finland came together for intercultural dialogue, and some serious talks. A project planned by themselves, they devoted to European values, young people's goals and international youth cooperation.

Implemented together with LaunchPad Finland



Free speech in digital era. Should EU boost free speech or ban hate speech? How to bring different view points closer?

How to ensure the well-being of young people? How could EU help to boost jobs for youngsters?

How can EU support young entrepreneurs?

Last week was one of best weeks of my life. I got to know great, lovely people and we had so much fun. (Ella)





Together with LeeWerk-WISA (Germany) Hyvärilä youth centre hosted a group of German youngsters for the 5th annual Horizontti internship project during February-April.

Young people come to Nurmes to:

- / Improve intercultural communication skills
- / Gain professional work skills
- / Improve communication skills in English
- Go on a personal adventure and explore new horizons

Internship placements of 2019:

Ylä-Karjala Newspaper
Sonipal Oy maintenance service
Kyrölä nursing home for the elderly
Manne's horse stable
Nurmes-talo event technitian
Veterinarian office, Nurmes
Porokylä school
Nurmes Youth House
Rekula Kindergarten





One, two, three-TRADE!



One

Young people select activities and themes for the camp, devoted to Nordic culture and history

Together with professionals from Nordic museums and youth organizations, we design workshops on authentic crafts and lifestyle, with regards to modern-day use



Two

Participants from Sweden, Finland, Norway and Russia join for a week of intercultural exchange

They learn how to make fire and cook on it, build traditional roof, make natural paint, and explore their entrepreneurial sides on business workshops

Three

Creative reflections take shape thanks to international team effort

Team Russia comes back to Finland to create a mural which reflects their vision of the local culture and nature. Together with international youngsters, they co-create wall arts pieces.





School exceeds borders



The project allowed young people to meet their peers from Finland and Russia, visit each other in schools, and learn more about culture of the neighbor country. School exchanges helped overcome fear and prejudice, and build long-lasting friendships. Most of the participants went abroad for the first time in their life. Only to discover that the world outside is big and beautiful, and worth exploring more!

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Participants from Finland and Russia travelled across the border for the final of School Exceeds Border exchanges in 2019

Co-financed by the Ministry of Education and Culture of Finland. Cooperation will continue in 2020-2022



LOKKI



Cross-border cooperation project between Finnish and Russian filmmakers started in 2018. Its goal is to develop local film-making and create networks between professionals across the border.

Young people and film-makers from Finland and Russia met in August to dive into the secrets of the industry, learn new skills, and explore their creativity by creating a short movie in an international youth team.

KARFLIA

CBC // Cross-border cooperation





06

Green School



In March students and teachers from Petrozavodsk, Medvezhiegorsk, Kostomuksha, Joensuu, Oulu and Valtimo came to Hyvarila to exchange practical forms of environmental education. And besides to receive the new tool - Ecocase.

Ecocase is a suitcase with instructions and special instruments for assessment of environmental problems of a building.





Green School team presented the EcoCase and research results on SciFest in Joensuu. Youngsters ran workshops for visitors, and professional educators. In two days of SciFest it had over 4 900 visitors - young people, teachers and adults.

EcoCase includes: Thermal imager Light meter Digital thermometer CO2 censor Water measuring tools Power measuring tools Inspection camera



8 first copies of the Ecocase were produced for the pilot schools and project partners. During 2019 students come back to their schools and examine energy efficiency, **suggest ideas for improvements** in 2020 to make their schools a better, more sustainable place to study.





07

Empower Super Citizen



Suggested by the Finnish youngsters, Empower Super Citizen exchange started long-term cooperation between young people from **Finland**, **Egypt and Portugal**. They came together in November to explore **what makes a good citizen**, **and how to be active**, **how to start the positive change**.

A week was inspiring and full of learning, and participants were quick to act. Already in 2020 **they will meet again** for a new exchange which they **designed together** Theater & improvisation workshops

Presenting local community issues

Taking action for positive change

Intercultural learning from each other

Open doors day for the final play



Co-funded by the Erasmus+ Programme of the European Union





Youth workers playing games



In November youth workers from Italy, Georgia, Bulgaria, Morocco, Cyprus, Finland and Sweden visited Hyvärilä and Metsäkartano youth centres to talk about digital youthwork and learn more about the Finnish practices.

Main program focus points:

- Finnish system of youthwork: actors, education, resources, values
- Digital youthwork in Finland: who does what? Why do it?
- ---- Maker Activities: workshop by VERKE
 - Youth centre pedagogical approaches: learning by doing





Out of the woods. Camp Finland.



September youth exchange between Finland, Russia, Romania, Slovenia and Slovakia was full of youth-led activities: young leaders explored their personal strengths, verbalized dreams, practiced soft skills and learned about other cultures. "Out of the woods" is a way to find out more about yourself, find like-minded people, and practice leadership skills in an international group.



Empowering short-term volunteering



Weeks in Finland in October and November

International exchanges in Hyvärilä and Metsäkartano youth centres needed her help as photographer and organizer



Photographs from African travels she showed on international exhibition



Plan a project

Youth groups came up with learning goals and activities for intercultural exchange and personal growth, then applied for funding with help of their organizations.



Advanced planning visit

Group leaders came to finalize plans for the exchange in August, and get to know the venue.



Youth Exchange

Participants ran peerlearning workshops as leaders, taking full charge of their experiences.



Plan next steps

International team designed step II of the exchange for 2020.







Esraa from Egypt came as a volunteer to Hyvärilä youth centre for only a short time, but she managed to participate in international activities, visit local schools, open an international exhibition "One Globe" together with a local photographer, and spread the knowledge about her country among local youngsters and adults.



Discover Finland - Discover Yourself





Bianca from Romania and Valentina from Italy worked together for 2 months during Autumn camp school season

They were working on visual interpretation of the local culture. **Together with young people from Finland**, who came to camp schools, they went to the nature, discovered the Finnish culture, while **assisting to youth workers** during camp school season. Besides, they were **learning about the local culture** in the museums, and through personal experiences. Their task was to convey the most outstanding visual parts of the culture in their arts project.

Creativity of Bianca and Valentina brought to Hyvärilä their murals made with paint, nails and thread, which you can witness in Navetta upstairs workshop space. Together with international youth, they co-created beautiful arts pieces.



Discover international volunteering on European Solidarity Corps Portal. Register to search and apply for volunteering . Expand your horizons.

Explore European Solidarity and intercultural learning!



Angela from Romania during her 9-month stay managed to:

Learn basic Finnish.

Make friends in the local community.

Participate in 4 international exchanges and run.

workshops as a leader in them.

Work with Finnish camp schools assisting to youth workers.

Visit Finnish schools and talk with students about her country and home culture. Travel around Finland in her free time. Start a Blog hyvarilavolunteers.home.blog and Instagram account @volunteers_eastfinland





Volunteering East to East

Terveisiä Siperiasta, osa 1

Astetta viileämpi välivuosi

Niinpä ihmettelee elämää ny EVS-vapaaehtoisyönekäjänä Si periassa. Keasoejarskii kuupur gissa, jossa vietin kuuden kui kanden pestini paikallisessa lei terra-uniinessä kultinuirvaih inon keskiinvässä utriesalossa.



kin. Kerkastan laheisten historimaloiden, maaitman toiseksi suurimman alumiinitehaan seksi maantiseelilusten ominaisuol-siensa aesiosta Krasnojarsk on 90 s. yksi Vooljata saasisasteimiista kaupungeista. Tyynellä junala nyelystä yäntä pahanhajsisena suu sisamuta lejumaan vuorien ympäokanä kaupungin teisaksi. Samalla nyelystänao kertovat kaupa kertomustaan.

Kaupunki en kuteckiu myöyi rikultiratili sekä taidetarjon arusmatta (ja halpaa). Keeksutta caahassa osaana en säär ja ti myösieniä välähdy keiä siitä, mikä sa Feebov in aikoriman kautusman soikkan Sigerian kautusman caapungiku, Jauri sy tkaupunki, wasan elon tuo pintacemppojer työkyaalto, jouka potitiama myötorimascomme on.

Ransistyneiden julkisivujei peitteeksi on lehahtamat Mos kuvasta naksi estelitoona soli While Kseniya from Russia stayed in Hyvärlä for her 12-month volunteering project, Veikka from Finland went to volunteer in her home town Krasnoyarsk in Siberia for his long-term volunteering.

Both volunteers were working with the local youth, running international activities in youth organizations and schools, sharing knowledge about their home country and their culture.

Finnish-Russian volunteer exchange allowed young people to learn more about each others cultures and educate the local youth about it through workshops and meetings.







Margarida from Portugal was volunteering for 9 months in Hyvärilä youth centre within a joint project with Metsäkartano youth centre.

Together with volunteers from Metsäkartano, she was developing social media platforms, started a **Blog hyvarilavolunteers.home.blog** and **Instagram account @volunteers_eastfinland.**

Her other work tasks included:

Helping youth workers run **Finnish camp schools**. Helping to organize **international exchanges** and **document** them.

Visiting local schools for international hours, running workshops for intercultural learning.

Thank you and see you again next year!